

The International Arcturian Groups of Forty Project Newsletter

January 21, 2012

Issue 183

Connections

**“40 Groups of 40 will be formed for personal and planetary healing -
Bringing us to the Fifth Dimension!”**

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To subscribe to this monthly newsletter contact:

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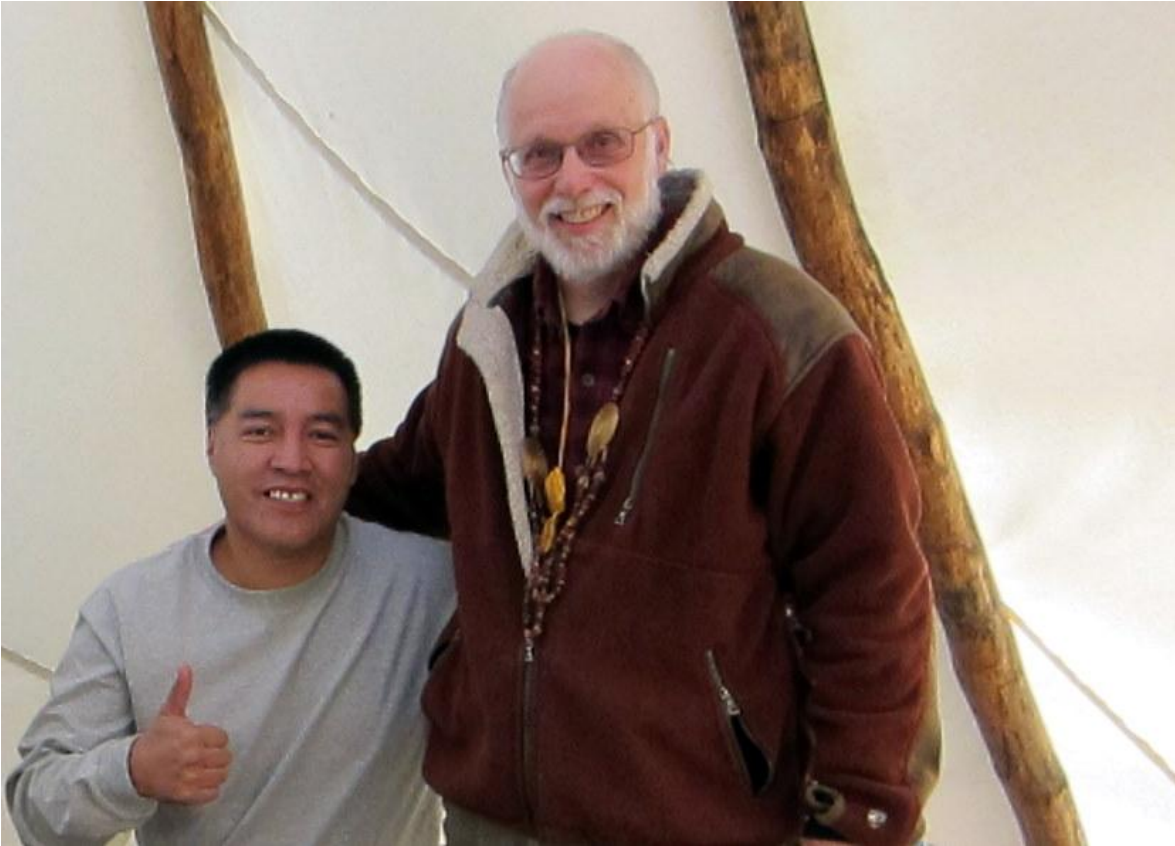
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Spring Equinox Workshop in Phoenix, Arizona on March 17th and 18th, 2012 - Raising your Spiritual Light Quotient for 2012

We will be having our Spring Equinox meeting in Phoenix, Arizona this year on March 17th and 18th. The theme will be raising the Spiritual Light Quotient for 2012. The workshop will be presented and hosted by David and Gudrun Miller and will include presentations by: Ziranna, channel and spiritual teacher; and Ruben Saufkie, Hopi Messenger of H₂OPE. Ruben and his family will be performing a special Hopi dance at our workshop! Please join us at the beautiful Embassy Suites in Central Phoenix and enjoy a great workshop and the beautiful Arizona spring weather.

Please see the brochure at the end of the newsletter for more information.



Ruben Saufkie and David Miller in the tipi at David and Gudrun Miller's home in the Planetary City of Light, Groom Creek/Spruce Mountain.

Biorelativity Exercises and our New Coordinator – Pauline Taylor

There will be many more opportunities to work with this powerful tool during 2012. This is one of the main ways we have for planetary healing so it would be great to have the whole group working on this on the 30-minute phone calls we have for this. David channels the powerful 5th dimensional energies. There is a link on the website if you would like to read more about it.

<http://groupofforty.com/lectures/biorelativity.html>.

Pauline Taylor is now the coordinator for Biorelativity. Contact her at paulinetaylor@hotmail.com if:

- a) You want to be notified of these exercises and then you can join in on the main conference line number. 1-712-432-3100, bridge 488147.
- b) you have ideas for biorelativity exercises.

These can be for natural disasters, weather patterns and conflicts.

Diana Cathlin is spreading the word about these exercises in the wider community and she holds meditations for the earth daily at 6pm PST and 1pm on Sundays. She has a wonderful collection of

exercises and pictures and explanations here if you are new to biorelativity.

<http://www.esotericonline.net/group/planetary-healing-bio-relativity-meditation-group>.

In the last exercise, over 85 people joined us in a thought projection meditation as well at that time and Pauline has been telling them about biorelativity.

A Word from Pauline:

Thank you very much to everybody who is able to join in the biorelativity meditations to bring down and send out the energies of harmony and balance into ourselves and then on out to this beautiful blue jewel. It is such a wonderful thing to be able to come together in our hearts and use this power to repair and renew ourselves so that we can do the same for the beautiful living Spirit of Gaia. In this year there will be a call for these wonderful and powerful energies and I thank you all for agreeing to do what will resonate throughout the cosmos.

Please use the recording or the memory of the biorelativity exercise from last week for the oceans, the whales and dolphins to stop oil leaking into a natural reserve on the coast of Italy where the cruise liner sank. Juliano also speaks of this way of working in the January monthly lecture channeling. It is so important that we do this now before the disaster happens.

http://www.washingtonpost.com/lifestyle/travel/cruise-liners-crippled-hulk-and-fuel-load-threaten-marine-paradise-where-dolphins-romp/2012/01/20/gIQAk5xoDQ_story.html.

Kadoish, Kadoish, Kadoish, Adonai Tsevayoth.

In love and light and gratitude,
uline

Planetary Cities of Light Blog

The blog is active and working!

We would love to hear from the PCOL members. It will be very much appreciated if each PCOL could write about what they do to (re)activate their light cities and what is happening in each one. Please feel free to make comments on the blog by clicking the comment button and then following instructions.

<http://gofcitiesoflight.blogspot.com/>

Update on the film, The Blue Jewel

By Oliver Hauck and Pauline Taylor



'The Blue Jewel' Film

Heartfelt thanks to all of you who are continuing to send your blessings and love to the film as we enter the final stages of editing. It makes a huge difference to us. We love your wonderful energy.

'The Blue Jewel' film has now been graced with the incredible gift of three beautiful, powerful and moving songs from 'BEYOND', an album by Tina Turner, Regula Curti, and Dechen Shak-Dagsay, www.beyondsinging.com, a project with 30 children from different cultures and nations that aims to make a contribution to peace and tolerance.

To reserve your tickets for the **premiere on the 14th April in Munich**, and for all showings of the film in the Cosmic Cine Film Festival in Germany, go to the home page of the film www.dasblauejuwel.net, where you can already reserve seats. Seats are going fast. We might have to get a bigger cinema for the opening!

14. 04. 2012	Mathäser Filmpalast - München
21.04.2012	Universum City - Karlsruhe
28.04.2012	Kinopolis - Bonn Bad Godesberg
05.05.2012	REX KINO - Darmstadt
12.05.2012	Kinopolis - Frankfurt/Main Taunus

'The Blue Jewel' workshop 15th April 2012 Munich

A one-day conference in Munich is to follow up the premier of the film 'The Blue Jewel' with the international speakers and authors who are in the 'The Blue Jewel' movie.

Theme for the Day: Planetary Healing

The presenters will be:

David Miller, the director and founder of the GOF: Planetary Healing Technology.

Pepper Lewis, a world-renowned author and teacher: What Gaia Wants From Us.

Gudrun Miller, a psychotherapist and visionary artist: Heart Opening and Planetary Healing.

Ruben Saufkie, a Hopi Indian and drummer, an international messenger of peace, who has helped in our tipis and Planetary City of light ceremonies, who will offer prayers and drumming and a question and answer session.

For more information and to reserve your seats, go to <http://www.dasblauejuwel.net/workshop.html>. Registrations are already coming in. Be in early to get a place and be with these wonderful people for a day. We would love to meet you there.



These are photos taken on location from the of The Blue Jewel. Pictured here are cinematographer, Wolfgang Feik (in the dark colored coat) and director, Oliver Hauck.



filming



Arcturian Temple News

By Amrit Patricia Dobrin

Dick and I have decided to advance the rest of the money needed to buy the Temple tent and heater. It's not a very good time for us financially, but we've had such strong inner messages to manifest the Temple as soon as possible. Once it arrives, it's very quick to set up so we'll be able to send pictures soon.

A New Meditation: Spiraling 5-D energy

This meditation appeared when I was doing my daily Temple meditation and down-loading of 5-D energy.

Optional Preparation from Kundalini Yoga:

Sitting cross-legged or in a chair, begin to circle the hips counter-clockwise. Circle 2-3 times and then spiral up the body, abdomen, diaphragm, chest, shoulders, neck spiraling off through the top of the head. Start again at the hips and repeat a few times

Meditation: Travel deep into the great Crystal in the Arcturian Temple on Arcturus and merge with the 5th-dimensional energy.

Ask for all the earthly Etheric Crystals to be raised to the Ring of Ascension.

Visualize or feel the 5th-dimensional energy spiraling down to the Ring of Ascension, completely filling all the crystals with light and energy.

Continue to spiral downward into the center of the Earth

Reverse the spiral back up to Arcturus

Continue spiraling up and down until a stable double-helix form with the energy spiraling simultaneously up and down. Chanting TO MAR helps to move the energy.

At this point you can visualize and feel the 5th dimensional body of the Earth descending through the spiral and the Ring of Ascension and the 3rd dimensional body of Earth rising eagerly up to merge with it. Sometimes this produces the sound EEEEE.

All are welcome to try the meditations even if you can't commit to a daily practice.

To join the Temple meditators, contact Cecelia cdnm33@yahoo.com

To learn more about the project, www.arturushealingtemple.com

Blessings, Amrit

~ PLANETARY AND PERSONAL HEALING MEDITATION ~

The biweekly planetary and personal healing meditations led by Lesley Anderson and Kezia Lechner will continue. All healings use the latest Arcturian technology as advised by Juliano. Calls are Monday and Thursday evening and last about 15 minutes. Mondays are always planetary healing. For more information call Lesley Anderson - 541-271-3570. Thursdays are open for personal healings. Contact Kezia Lechner - keziarenee@gmail.com.

Parameters for personal healings, as established by Juliano and David are:

1. You must be a GOF member
2. All "healees" must be on the phone for healing calls
3. Please send all emails in English
4. If you can't speak English you must have a translator present during the healing call

~ CALL TIMES ~

9:00 PM - Eastern Standard Time
8:00 PM - Central Standard Time
7:00 PM - Mountain Standard Time
6:00 PM - Pacific Standard Time

~ CALL NUMBER ~

712-432-0075 - Access Code - 309724 #

~ PLANETARY HEALING MEDITATIONS ~

Greetings! I am Lesley Anderson, soul far traveler and long time GOF member. I lead a fifteen minute Planetary Healing Meditation, the Arcturians call this Biorelativity, every Monday evening at 6:00 PM Pacific Time, USA. You can join us at 1-712 - 432- 0075 - Bridge - 309724 #

I use all three sides of the Sacred Triangle, especially combinations of the 12 etheric crystals and their energy field, the Arcturian Tree of Life. Juliano has assigned a meditator in the Temple on Arcturus to work with me.

Some of my guides and the energies surrounding me are Native American. I use the Hoop, Tipi, Sacred Pipe and work with the Galactic Kachina.

Our group always meets in Sacred Space with various aspects of Source, often the Feminine Divine. We intend our meditation to communicate and connect the highest vibrational balance and harmony (also called healing) from the deep heart core and the Violet Flame to Mother Earth, her kingdoms, and beyond to the Golden Age of Earth, with a 5th dimensional kick-back to all group members.

~ PERSONAL HEALING MEDITATIONS ~

Blessings! I am Kezia Renee Lechner, and I have been a GOF member for the past two and a half years. While I joined fairly recently, belonging to the GOF has been an extremely fulfilling experience. Although I have been told by my guides I am an emissary for the Pleiadian Council of Light, I find David's channeling, and the Arcturian technologies to be highly compatible with my energy. I lead a fifteen minute meditation (either personal or planetary healing) every Thursday at 6:00 PM Pacific Time. The call in number is the same as above.

In a reading with David, Juliano suggested I offer personal healing in the Meditation Group, and said I was particularly well suited to do remote healing. I have been a Reiki Master for the past twelve years,

and because helping people and animals is my passion, I was very pleased and moved to be asked to use my healing gifts.

Guided by Juliano, I use the Arcturian crystals very specifically, as well as the assistance of guides, angels and ascended masters. Also key is the use of the healing power of the high, holy Omega Light. The personal healings done by the group help to raise the light quotient, repair holes in the aura, and establish balance, harmony and wholeness in all four bodies of the "healee." Like Lesley, I have also been assigned a guide from the Arcturian Meditation Temple.

- Testimonial -

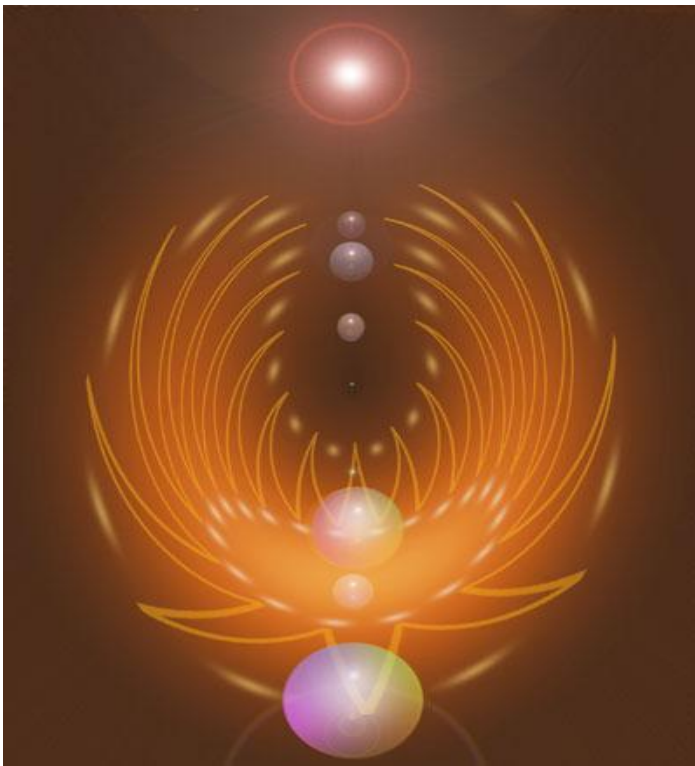
"The three personal healings I received through the Meditation Group were a powerful healing experience. In my case the personal healing catalyzed a series of nocturnal dreams which illuminated specific information about a painful childhood experience I needed to acknowledge and releaseMy entire healing process took a quantum leap!

Thank you!

- Alessandra Gelmi - GOF member

A Channeled Image – "Rainbow Love Bubbles from Earth Mother. Earth Star Chakra"

By: Deb-Aurah



www.bluerayhealing.com

As we send forth our roots deep within Earth Mother, we are anchoring the incoming cosmic frequencies and Mother bubbles with love and joy. She releases love energy upon dancing rainbows of light, announcing the New Earth energies, with this our intentions and manifesting abilities are being enhanced at an astonishing rate. Work from the energy of the heart and the love vibration expands. Staying firmly grounded will assist in allowing the Creator energies to flow freely through us. Gaze upon this image and sense the grounding vibrations. Connect fully with Mother and sense her loving messages.

Planetary Cities of Light News

By Vera Le Doux PCOL Coordinator

Four Brazilian cities are nominated for the download this month (January 21st): Alto Paraiso, Rosa dos Ventos (part of Porto Alegre), Shangri-la and Camburi (part of São Sebastião). We are looking forward to hear more about these new Planetary Cities of Light.

At the end of January we will have 59 Planetary Cities of Light. The power point presentation we have created to show all the beauty of these cities is getting very long (available on the website). David Miller will be showing this presentation in Munich during his visit in Germany, where he and Gudrun are traveling to participate in the official screening of the GOF movie the Blue Jewel. Therefore we created a shorter presentation, featuring the 15 most active Planetary Cities of Light.

Emails from GOF Members

Hello David,

Yes, this was very good and powerful for Japan. They, the earth, its aura, the sea, and the people who tirelessly work to clean up Fukushima and its surrounds are very receptive and appreciative of the Group of Forty's efforts, I am sure.

Tonight I read the paper in this e-mail and joined with you and the others. No time, no space separates so my joining in was 'on time', so to speak... (I think you know what I mean)

I had been very busy in Japan with my own work, and could not join in until now. Presently I am in Sedona. With Rae and the group, my husband and I were there at Mt. Fuji when Rae anchored in the ladder of Ascension. It is still fresh in my mind's eye.

Thank you for your efforts always.

All best wishes, Be the love you wish to see in the world, (TUT)

Rev. Barbara Matsuura
Tokyo, Japan
Sedona, AZ & San Francisco Bay Area, CA, USA
www.BarbaraMatsuuraNaturalHealing.com

Dear David,

My many thanks to the reliability of humans to be true, and for the Group of Forty to come and bring light to a dark place...the ancestors thank you all...keep holding hands it is working.

My name is Dahlahk PahtahIngee, Mountain Eagle...I would like to give you words of who I am and what I offer, as my discipline...to teach the missing practices, tools to be human...on earth that mechanism which the medicine wheel of life, living...depend on continue turning.

I am a man who for my whole life has gifts, skills, disciplines that help a human to relate to not only surroundings but each and every entity that exists on earth.

David Miller and the Group of Forty at the CVI, had shown me truly strong spirited people and who needed a grounding...I'm glad to have been here for you all, over forty years of mental torment of my surroundings telling me I wasting my time old ways are gone...obsolete. Then the group of forty comes here...I'm here for you all, those beautiful people I met at CVI, and those still yet to meet and offer you myself.

Mountain Eagle

Datohmu@gmail.com

Indigenousworldtraders.com

To all Walk Ins associated with the Group of Forty,

I recently had verified through a reading with David and Juliano that I am a Walk In. I also learned that there are several other Walk Ins who are members of the Group of Forty. I would really love for any of you to contact me by way of my email address below so that we can exchange supportive dialog.

Blessings to you!

Pam Phairas

Minnesota

sotulip17@yahoo.com

Dear David, Vera and Lesley,

I had received this image as a gift made by a dear friend after he listened to the tapes of David. He had the impulse to create it with a camera in Igatu (another city in Chapada Diamantina, near Vale do Capão).

He is called Rino Marconi

I ask, please; when you share it with others, put his credit.

Namastê,

Vânia



Image by: Rino Marconi

Reminder of Upcoming GOF Workshops

Location	Dates	Theme
San Jose, Costa Rica	February 4, 5	Removing Blocks for Spiritual Advancement
Phoenix, Arizona	March 17, 18	Raising Your Spiritual Light Quotient in 2012
Munich, Germany	April 14	World Premier of Film, <u>The Blue Jewel</u>
Glastonbury, England	May 5, 6	New Spiritual Technology for the 5 th Dimensional Earth
Barcelona, Spain	May 12,13	Biorelativity and Planetary Healing
Buenos Aires, Argentina	November 10, 11	Connecting with the Arcturians

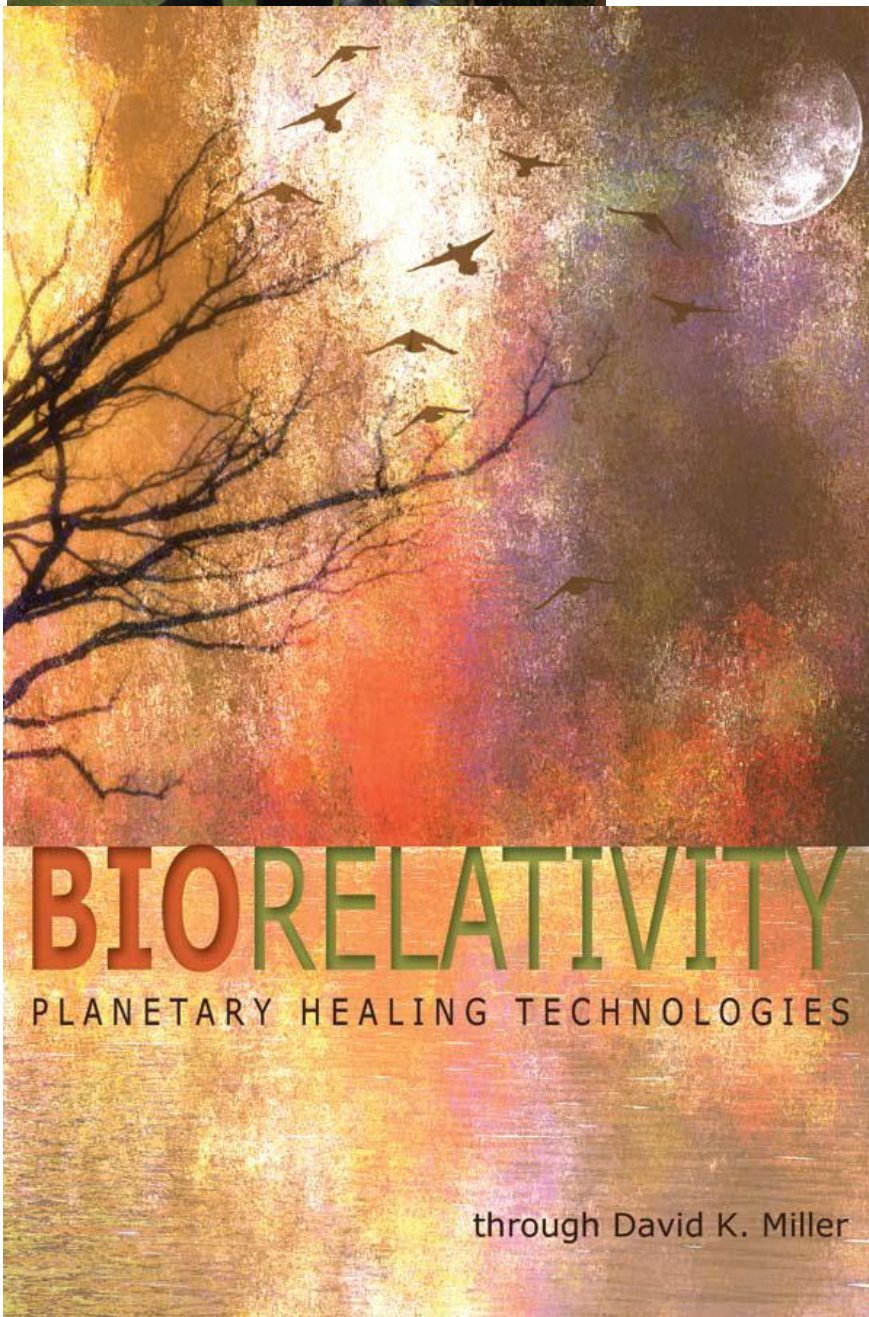


Calling All Medicine Wheels...

By Kate Sparks

This medicine wheel picture was taken in the backyard of Oliver Hauck's home in Aufkirchen, Germany, a Planetary City of Light. In between the long hours of working on the editing and post-production of *The Blue Jewel*, Ollie and Pauline will come here to meditate and do sacred ceremonies.

From left to right, we have Aragon (who clearly is not camera-shy), GOF coordinator Pauline Taylor, Ollie, and then Nava is a little further back by the bushes. Aragon and Nava are Ollie's playful dogs.



David's New Book - Biorelativity and Planetary Healing

David's most recent book, *Biorelativity and Planetary Healing* (which was self published by David and only 100 copies were printed), has recently been re-published by Light Technology under the new title: *Biorelativity: Planetary Healing Technologies*.

The newer version has two additional chapters and the entire book has been re-edited by Light Technology. A new cover has also been used.

You can buy the newer version from David for \$16.95 plus shipping and handling or you can order the book directly from Light Technology Publishing at: 800-450-0985.

Announcements of GOF Activities

1. David is available for personal healing work in person in Prescott, and he also does phone readings. Call David at (928) 776-1717 if you would like to schedule a session.
2. Gudrun is also available for phone sessions based on soul psychology. She specializes in starseed issues. Call her at 1-928-776-1717 or e-mail at Gudrunaz@yahoo.com .

3. Worldwide meditation schedule:

Our worldwide meditations are scheduled for every 3rd Saturday of the month (Sunday in some countries). We are alternating the 12 hour 12 crystals meditation and the 59 Planetary Cities of Light 24 hour meditation:

January 21	59 Planetary Cities of Light 24 hour meditation
February 18	12 hour 12 crystals meditation
March 17	59 Planetary Cities of Light 24 hour meditation

4. The audio files from the Carson Valley workshop are available in two ways:
 - For receiving the computer audio files via www.yousendit.com for \$50.00 Paypal payments accepted for the yousendit.com delivery through paypal at: davidmiller@groupofforty.com
 - For \$60.00 you can receive the actual CDs of the lectures via mail. The total lectures from the workshop are over 11 hours! Payment for the hard copies can be made through paypal or send check directly to: David Miller, P.O. Box 4074, Prescott, AZ 86302

Group of Forty - The Monthly Lecture with David Miller

The monthly lecture is held on every 1st Saturday of the month at 5:45 p.m. MST.

The next lecture is on Saturday, February 11, 2011 at 5:45 – 6:45 p.m. Phoenix, Arizona time (Mountain Standard Time) – please check your times below. The conference phone number is (712) 432-3100 Bridge # 488147.

The re-transmission of the lecture for Europe will be on Sunday, February 12, 2012 at 10:00 a.m. Phoenix, Arizona Time.

You can check the teleconference/lecture time against your local time by using www.timeticker.com

4:45 – 5:45 p.m. Pacific Standard Time – Los Angeles, California

5:45 – 6:45 p.m. Mountain Standard Time – Phoenix, Arizona / Denver, Colorado

6:45 – 7:45 p.m. Central Standard Time – Chicago, Illinois

7:45 – 8:45 p.m. Eastern Standard Time – New York, New York

Question & Answer Sessions

The Q & A is every 3rd Tuesday at 7:30 p.m. (MST), channeled by David.

Please contact David to register. The next Q & A will be on February 21, 2012.



Do you have Thoughts, Ideas or Articles for the Newsletter?

If you have any thoughts, ideas or articles that you would like included in the newsletter please send an email to: Kate@KateSparks.com.

Linda's Etheric Frontroom

You have no Arcturian neighbors? Join Linda's etheric Frontroom for a live chat.

Linda Prucher – every 3rd Thursday at 7 p.m. (EDT) (e-mail Linda to verify)

605-477-2100, bridge # 781076

lindaprucher@libero.it

Local Monthly Teleconference Meetings/Meditations

West Coast (USA)

Cheryl Weinfeld – every 2nd & 4th Tuesday at 7:30 p.m. (PDT)
712-432-3900, bridge # 206680
cherwein@gmail.com

East Coast (USA)

Linda Prucher – every 3rd Thursday at 7 p.m. (EDT) (e-mail Linda to verify)
605-477-2100, bridge # 781076
lindaprucher@libero.it

NM/CO (USA)

Vera Le Doux – every 1st and 3rd Saturday at 3 p.m. (MDT)/2 p.m. (PDT) (worldwide meditations)
218-862-7200, bridge # 281462
veraledoux@msn.com

Germany, Austria, Switzerland

Avatara'Elina and Nama'Ba'Shie – each Wednesday at 7 p.m., in German
0049 (0)721-9113001316 PIN-Code 3104
www.muttererde.info / namabashie@yahoo.de

Germany, Austria, Switzerland

Avatara'Elina and Nama'Ba'Shie –
New! Each Sunday at 8.a.m., in German. We do a guided meditation for 1 hour, either with the German etheric crystals or with the Planetary Cities of Light.
0049(0)721-9113001316 PIN-Code 3104
www.muttererde.info / namabashie@yahoo.de

Australia

Caroline Beechey – every 4th Sunday at 10:15 NSW (Worldwide Meditations)
00111-218-862-1300, bridge # 994263
cddl@bigpond.com.au

In Closing...Loving your Life

Channeled by Kate Sparks
www.KateSparks.com

Greeting Star Family, this is P'taah

You know I hear you, I hear your words and I hear your heart. And sometimes what I hear is confusing to me. But then I sit and listen and I process your duality and then your words and feelings become clearer. Your words say you want to come home, you are tired of duality, and bringing unity to the planet was

harder than you thought. And you say, I have done my work and I am ready to go. Come and get me. Please.

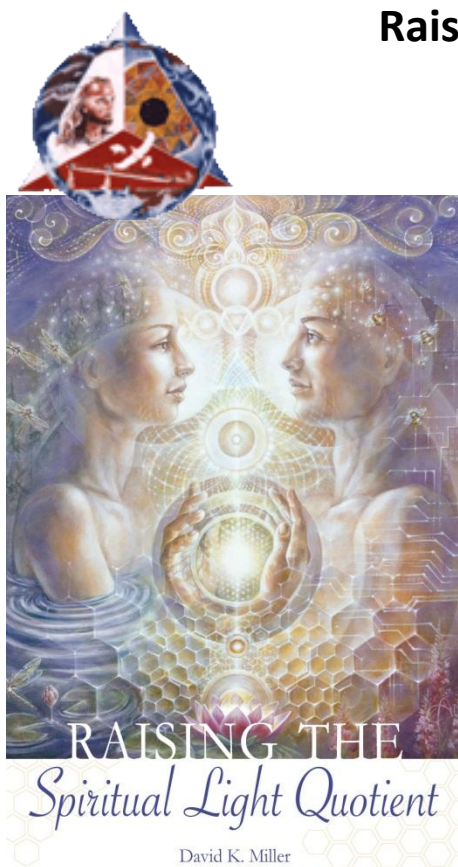
And then I hear your heart and your heart wants to stay. Your heart wants to love yourself more, love humanity more and love the Earth more. So I say in reply to your calls, what does your heart feel like doing? And you struggle a bit and then smile and say to Spirit, "Yes, I will stay." And I hear you thinking, whenever the Ascension comes for me, that is my time. I will do my best not to wait everyday for the Ascension. I will live more fully and in a love for everyday life and the experience of it all.

Blessings,

This is P'taah

Raising Your Spiritual Light Quotient in 2012

Led by David K. Miller, Channel and Author
Gudrun Miller, Visionary Artist and Counselor
Ruben Saufkie, Hopi Messenger of H₂OPE
Ziranna, Channel and Spiritual Teacher



David K. Miller has been a channel for years. His original spiritual study was the Kabbalah and Jewish mysticism.

David has published eight books through Technology and many articles in The Journal of Emergency. He currently does

readings and conducts workshops focusing on the concepts and techniques of ascension, healings, and psycho-spiritual issues. He also works full-time conducting group workshops, personal readings, and



eighteen

Light
Sedona
phone

healings around the world. His book, Raising the Spiritual Light Quotient, is now available through www.lighttechnology.com.

Topics for the workshop include:

1. Shimmering for personal and planetary ascension
2. Working as a Planetary Healer - Biorelativity and Activating Planetary Cities of Light.
 3. How to raise your Spiritual Light Quotient
 4. Kaballah and the Ascension

Date & Time:	Saturday and Sunday, March 17 th & 18 th , 2012 (9:00 a.m. - 6:00 p.m.)
Location:	Embassy Suites North, 2577 West Greenway Road, Phoenix AZ 85023 Phone: 602-375-1777 for room reservations, use the code: GOF.
Cost:	\$275.00 includes Saturday and Sunday lunch at the hotel
Registration:	Send payment to: David Miller, P.O. Box 4074 Prescott, AZ 86302; PayPal accepted for registration at: davidmiller@groupoforty.com , www.groupofforty.com
Contact:	You may also contact David at davidmiller@groupoforty.com for more information.