

THE INTERNATIONAL ARCTURIAN GROUPS OF FORTY PROJECT NEWSLETTER

Oct. 15, 2011

Issue 181

CONNECTIONS

**“40 Groups of 40 will be formed for personal and planetary healing -
Bringing us to the Fifth Dimension!”**

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To subscribe to this monthly newsletter contact:

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mexico.groupofforty.com turkey.groupofforty.com
www.grupos40.com www.groupof40.org www.arcturianos.com.ar

The Planetary City of Light, Carson Valley, Presents the 16th Annual Arcturian Conference on 11/11/11 :

1. Our November 11, 2011 annual meeting will be held at the Planetary City of Light, Carson Valley, at the Carson Valley Inn. To make reservations at the hotel, please call 800-321-6983. You must mention that you are with the Group of Forty workshop to get the special rate. The Carson Valley Inn will only hold our rooms at the special rate until the first week of October and then the rooms will return to the normal rate, so if you are planning to go, it would be good to make your hotel reservations now.



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2. We will hold a special meditation for all GOF members on 11/11/11 at 11:00 A.M. Please connect with us spiritually at this time in Carson Valley. We will be sending out golden balls of etheric light to all of the etheric crystals and the Planetary Cities of Light. Also we will focus on receiving a golden ball of light from the Central Sun welcoming in the 2012 energy of higher transformation.
3. We will have a full schedule, including the following presenters: David Miller; Gudrun Miller; Mountain Eagle, who will be providing the Native American perspective on 11/11/11; Vera Le Doux, who will be making another beautiful Planetary City of Light presentation update which was put together with Linda Abel; Silvana Pereira, GOF coordinator from Sao Paulo, Brazil, who will be making a presentation on the progress of the GOF in Brazil; Jimmy Dunfield, who will be providing music; and finally we will be showing version film, *The Blue Jewel*, in a special presentation for our 11/11/11.
4. Please note that the workshop begins on Thursday night, November 10th at 6:00 p.m. with a soup and salad dinner (which is included in the registration fee). We will be having sessions all day on Friday, November 11th and Saturday, November 12th. We will be activating a new Ladder of Ascension in Carson Valley during the workshop!
5. I will be holding a special tipi healing ceremony on Sunday November 13th from 9:00 a.m. - 1:00 p.m. There will be an additional charge for that session (\$100.00).
6. I will be available for private sessions on Sunday evening and all day Monday. Please contact me directly for arranging any private sessions at 928-776-1717.

Blessings,

David K. Miller
GOF Project Founder and Director

Planetary Cities of Light

The Planetary Cities of Light are set up to hold etheric 5th dimensional energy because we need to spread the opportunities for accessibility throughout the planet. So we have begun the project called Planetary Cities of Light.

The Planetary Cities of Light are devoted to holding 5th dimensional energy and holding 5th dimensional light. The Planetary Cities of Light are designated areas that will be promoting 5th



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dimensional energies throughout the planet. This has become an important aspect of our work to promote planetary healing.

And you the starseeds have responded overwhelmingly positively to the Planetary Cities of Light process. We have, through your great work, designated and activated **over 50** Planetary Cities of Light throughout the world. This is an amazing response. As more starseeds hear of this process and of this work, they will want to develop and work with you. Now we are working to link the cities with each other, so that a closer energetic bound can be formed. We are calling this creating brother and sister Cities of Planetary Light.

It may be difficult in the beginning to set up the structure, to find the people, to do the 5th dimensional activations. This 5th dimensional activation includes going around the cities and forming a light frequency of protection. It includes being able to download 5th dimensional energies. It includes downloading 5th dimensional energies from other planetary cities, because these Planetary Cities of Light are also interacting with other Planetary Cities of Light. In our October 1 meditation we have designated 6 Cities of Light that are new Planetary Cities of Light:

- Shangri-la, Brazil,
- Twin Falls, Idaho, USA
- Altos Morandinos, part of Caracas in Venezuela,
- Quilpue, Chile,
- Montserrat, Spain,
- Bahia Blanca, Argentina

Additional Information about the Planetary Cities of Light:

1. We downloaded the first 12 cities at the 9/9/9 conference at Mt. Shasta.
2. We refer to them as a PCOL, or Planetary City of Light.
3. You can develop and work with your own area.
4. The Arcturians have given specific instructions on how to activate and maintain a PCOL.
5. We have 52 PCOLs as of Oct, 2011.
6. We will be connecting to sister cities of light in the Galaxy! Several PCOLs have already been given the names of their sister Cities of Light in Alano, and the Pleiades.
7. Vera Le Doux is helping to coordinate the PCOLs.
8. Linda Abel has helped to put together a video presentation of the PCOLs.
9. Some of the PCOLs also are home to some of the 12 etheric crystals.
10. We activate the PCOLs through Juliano during a group mediation/phone conference.
11. During the activation we ask members to surround the city in person with as many people as possible creating a light shield around the PCOL.
12. We are hoping to activate many more PCOLs around the planet.



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13. Juliano said we need a minimum of 4 people living in the area to activate the PCOL.
14. We are able to send energy remotely to the PCOLs.
15. For more information, please visit us at www.gofcitiesoflight.blogspot.com

In Gratitude

The GOF web site redesign (www.groupofforty.com) by Diana Fairbank was recently completed and it is beautiful! We are all very thankful to Diana for her hard work and the great service she has provided to us and our community. As an introduction to Diana, the following is her biography:

Diana Fairbank, designer and developer of the new revision of the GOF website, has been an actively involved GOF member since early 1999. Diana edited David's book, *Teachings from the Sacred Triangle, Vol 1*, which was published in 2002. She is the Coordinator of the Pacific Northwest Groupofforty, and has been to Prescott, Sedona and Mt. Shasta for Annual GOF gatherings over the years. Diana is a metaphysician, writer and multimedia artist who lives in City of Light, Maple Valley, WA. She has multiple businesses which are creatively intertwined, so please visit her sites: InfinityQuest Web Development - <http://infinityquest.us>. Diana Divination – Astrology, Numerology, Runes, Tarot: <http://dianadivination.com>. Pro Talent Voiceovers: <http://dianafairbank-provoicetalent.net> & she is the Founder/Director of the Maple Valley Creative Arts Council-sponsored 3D Animation & Digital Art Expo: <http://3danimation-digitalartexpo.net>.

With blessings and gratitude,

David Miller and the Group of Forty

2012 Workshop in England

For information and registration, please contact Francis Leitao at:

franco10@yahoo.com or visit the web site at: www.groupof40.org



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~ PLANETARY AND PERSONAL HEALING MEDITATION ~

The biweekly planetary & personal healing meditations led by Lesley Anderson and Kezia Lechner will continue. All healings use the latest Arcturian technology as advised by Juliano.

Calls are Monday and Thursday evenings and last about fifteen minutes. Mondays are always planetary healing. For more information call Lesley Anderson at 541-271-3570. Thursdays are open for personal healing. Contact Kezia Lechner - keziarenee@gmail.com. Parameters for personal healing, as established by Juliano and David are:

1. You must be a GOF member
2. All "healees" must be on the phone for the healing call
3. Please send all emails in English
4. If you can't speak English you must have a translator present during the healing call

~ CALL TIMES ~

9:00 p.m. - Eastern Daylight Time
8:00 p.m. - Central Daylight Time
7:00 p.m. - Mountain Daylight Time
6:00 p.m. - Pacific Daylight Time

~ CALL NUMBER ~

712-432-0075 -- Access Code: 309724 #

Update of GOF Activities in September – October

1. The GOF website at www.groupofforty.com has been redesigned and updated.
 2. Diana Fairbank, www.infinityquest.us a GOF member in the state of Washington completed this project. There are many exciting changes and additions. We are continuing to improve the site. Please send suggestions any suggestions to: davidmiller@groupofforty.com
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Announcements of Ongoing GOF Activities

1. David is available for personal healing work in person in Prescott, and he also does phone readings. Call David at (928) 776-1717 if you would like to schedule a session.
2. Linda Abell and David are working on a new book called, *The GOF Workbook*. This book will contain a list and summary of Arcturian exercises and meditations.
3. Worldwide meditation schedule:

Our worldwide meditations are scheduled for every 3rd Saturday of the month (Sunday in some countries). We are alternating the 12 hour 12 crystals meditation and the 49 Planetary Cities of Light 24 hour meditation:

October 15	12 hour 12 crystals meditation
November 19	49 Planetary Cities of Light 24 hour meditation

Reminder of Upcoming GOF Workshops

GOF Workshop Schedule	
Annual GOF Meeting, Carson City, NV	November 10-12, 2011
England Workshop	May 5 th and 6 th , 2012

Arcturian Temple News

Written by Amrit (Patricia Dobrin)

The Taos City of Light, in combination with its Sister Cities Santa Fe and Albuquerque, has launched a project to build a small Arcturian Temple. Juliano and Tomar have urged us to build a small temple in North America, from which Arcturus would be visible for most of the year. The



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temple would hold 12 sacred crystals and would be the focus of continual meditation bringing 5th dimensional energy to the Earth. Much information about the meditative practices and the physical structure, that the purpose of continuous meditation is the most important aspect. physical structures are included in the book NEW SPIRITUAL TECHNOLOGY FOR THE FIFTH-DIMENSIONAL EARTH; Miller, David; 2009; Light Technology Publishing. pgs. 75, 134-35, 215-16.

We decided to move ahead with plans for both meditative and physical structures. The Meditative Structure: Four Group of Four members from New Mexico have begun to meditate for four half-hour segments, every day around the clock, focusing on down-loading 5th dimensional energy into the Earth's cosmic egg. This is a big commitment and we welcome anyone who would like to join the project. Juliano has told us that mediators can be at any distance and that Tomar will personally guide the participants.

The Physical Structure: Amrit and Dick Dobrin have been considering sites on their property in Santa Fe and have been researching various tipi, yurt and garden cabin structures. These would be octagonal or round and could have a tipi-like spire, heatable, and fairly small, ca 18-20' diameter. The New Mexico group is also working on collecting 12 sacred crystals, which could also be carried to other places.

We think it's possible to keep costs at \$5,000-\$6,000.

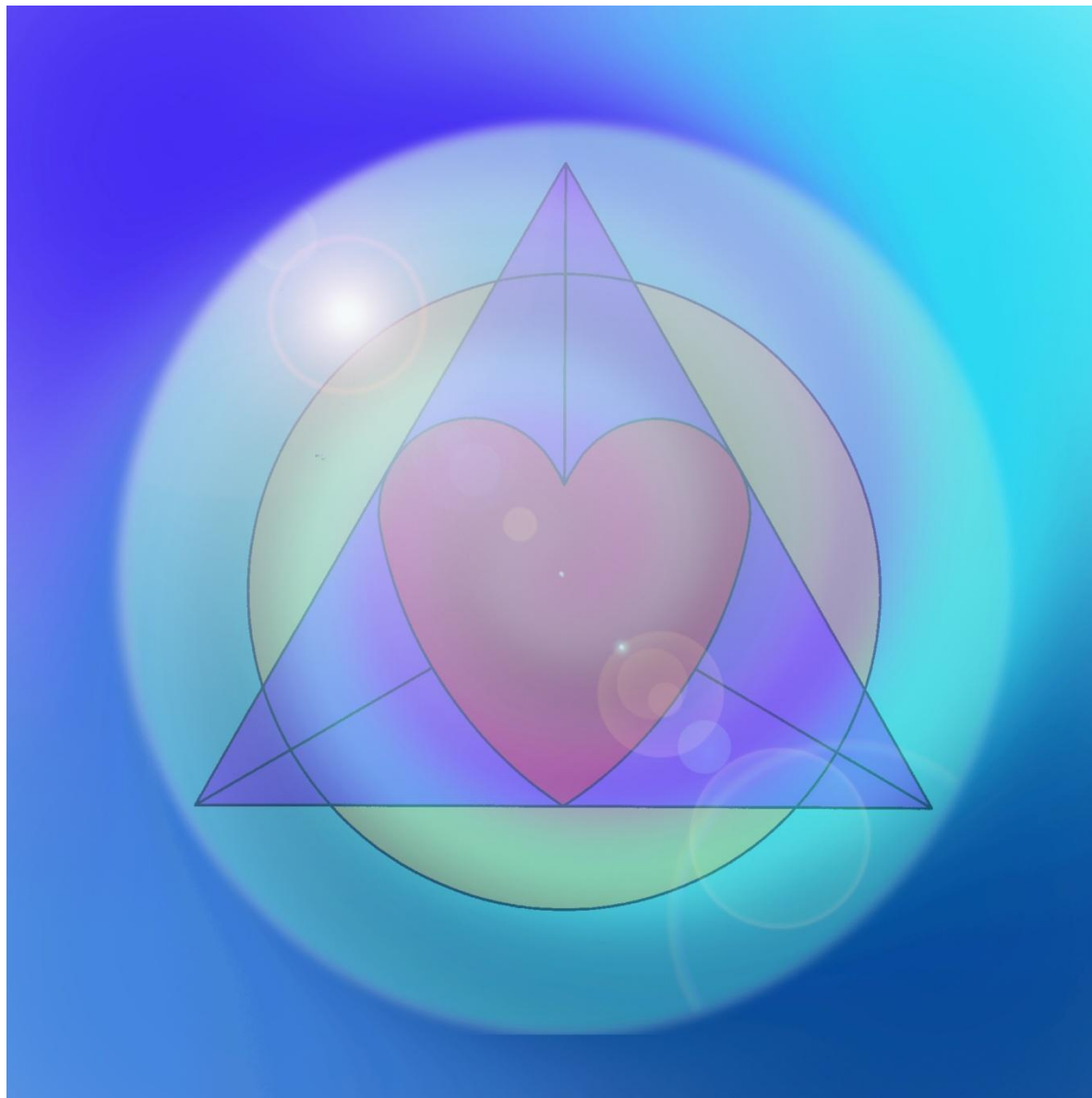
We welcome contributions — the idea is to have the energy of as many people as possible — contributions of any amount, including monthly donations, are welcome. (Of course, large contributions will not be refused!) The goal is also to create a prototype for Arcturian Temples in many other places. Juliano has said not to worry about details of the physical structure, that the purpose of continuous meditation is the most important aspect.

To help raise the first Arcturian Temple in North America please visit our web site at www.arcturushealingtemple.com where you can find the Pay pal button.

Thank you!



The following image was created by Vera Le Doux, Deb-Aurah Araznu and Maureen Weaver.





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Group of Forty - The Monthly Lecture with David Miller

The monthly lecture is held on every 1st Saturday of the month at 5:45 p.m. MST.

The next lecture is on Saturday, Nov 5th, 2011 at 5:45 – 6:45 p.m. Los Angeles Time (please check your times below). The conference phone number is (712) 432-3100 Bridge # 488147.

The re-transmission of the lecture for Europe will be on Sunday, November 6, 2011 at 10:00 a.m. Los Angeles time.

You can check the teleconference/lecture time against your local time by using www.timeticker.com

5:45 – 6:45 p.m. Pacific Daylight Time – Los Angeles, California

6:45 – 7:45 p.m. Mountain Daylight Time – Denver, Colorado

7:45 – 8:45 p.m. Central Daylight Time – Chicago, Illinois

8:45 – 9:45 p.m. Daylight Savings Time – New York, New York

Question & Answer Sessions

The Q&A is every 3rd Tuesday at 7:30 p.m. (MST), channeled by David. Please contact David to register. The next Q & A will be on Oct 18, 2011

Do you have Thoughts, Ideas or Articles for the Newsletter?

If you have any thoughts, ideas or articles that you would like included in the newsletter please send an email to: Kate@KateSparks.com.

A Channeled Image

By: Deb-Aurah Araznu

www.bluerayhealing.com

This image is to assist the group in anchoring and holding more spiritual light. Codes and subliminal triggers will be activated upon viewing.



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A video of Deb's work can be seen at: <http://www.youtube.com/watch?v=CnRNK52cZXk>

Linda's Etheric Frontroom

You have no Arcturian neighbors? Join Linda's etheric Frontroom for a live chat.

Linda Prucher – every 3rd Thursday at 7 p.m. (EDT) (e-mail Linda to verify)

605-477-2100, bridge # 781076

lindaprucher@libero.it



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Local Monthly Teleconference Meetings/Meditations

West Coast (USA)

Cheryl Weinfeld – every 2nd & 4th Tuesday at 7:30 p.m. (PDT)
712-432-3900, bridge # 206680
cherwein@gmail.com

East Coast (USA)

Linda Prucher – every 3rd Thursday at 7 p.m. (EDT) (e-mail Linda to verify)
605-477-2100, bridge # 781076
lindaprucher@libero.it

NM/CO (USA)

Vera Le Doux – every 1st and 3rd Saturday at 3 p.m. (MDT)/2 p.m. (PDT) (worldwide meditations)
218-862-7200, bridge # 281462
veraledoux@msn.com

Germany, Austria, Switzerland

Ursula Hanel and Chandrika Singh – every other Wednesday in the month at 7 p.m. (UTC +1), in German
089 / 94399955 or 030/92037027, bridge #605
u.hanel@freenet.de & chandrikasingh2002@yahoo.co.uk

Germany, Austria, Switzerland

Avatara'Elina and Nama'Ba'Shie – each Wednesday at 7 p.m., in German
0049 (0)721-9113001316 PIN-Code 3104
www.muttererde.info / namabashie@yahoo.de

Germany, Austria, Switzerland

Avatara'Elina and Nama'Ba'Shie –
New! Each Sunday at 8.a.m., in German. We do a guided meditation for 1 hour, either with the German etheric crystals or with the Planetary Cities of Light.
0049(0)721-9113001316 PIN-Code 3104
www.muttererde.info / namabashie@yahoo.de

Australia

Caroline Beechey – every 4th Sunday at 10:15 NSW (Worldwide Meditations)
00111-218-862-1300, bridge # 994263
cddlb@bigpond.com.au



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In Closing...I Am a Master and You Are a Master

Channeled by Kate Sparks

www.KateSparks.com

Greetings Star Family, this is P'taah.

I am one of the Masters and Teachers on the Pleiades. I am also a Master and Teacher on the Earth. I am here with you on Earth and I am here with you on the Pleiades. I had several lifetimes on the Earth and I ascended. So a part of me is with you in becoming a master and part of me is with that part of you that is a Master already.

So I congratulate you. I congratulate you in all the work you have done and all the work you are doing and all the work you will do. You have made it in future time and in linear time, you are almost there. You are an Ascending Master and you are looked upon with great favor in the galaxies.

I see the final picture and it is beautiful beyond belief. You are in the picture with me and you are happy to be home being love.

Blessings,

P'taah